



# EDEN WEIGHT CLINICS



## DID YOU KNOW 40-60% OF ALL PETS ARE OVERWEIGHT?

Our nurse led weight clinics are available to all registered clients.

Your pet's programme is individual to them. You are not alone – we can make a difference together!

### WHAT TO EXPECT DURING YOUR APPOINTMENT:

Firstly, you will be asked to record an honest food diary of the week leading up to the appointment. Please make a note of the brand of food given.

Your pet's eating habits, routine and exercise regime will be ascertained.

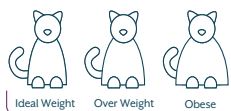
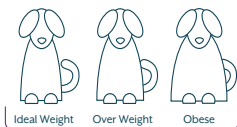
Body Condition Score will be measured, and ideal weight determined.

Resting Energy Requirements are calculated and amounts of food\* fed per day advised.

Follow up appointments are booked every 2-3 weeks to ensure progress is being made and allows for any concerns to be addressed.

An animal has a certain percentage that they can safely lose a week so the nurse will work this out at each consult.

*\*We will always use your pet's current diet first prior to making any nutritional changes.*



### EFFECTS OF OBESITY ON PETS' HEALTH:

Your pet may become breathless and intolerant of exercise.

Proven link between pet obesity and development of osteoarthritis.

Obese cats are 4 times more likely to develop diabetes.

Overweight pets are more susceptible to urinary tract infections and stones.

Additional fat within the chest cavity impedes heart and lung function.

### COSTINGS:

**£40** Initial consultation\*

**£20** Follow-up consultations  
(Pet Health Plan discounts apply)

*\*Price includes extended consultation, questionnaire, body condition score assessment, RER calculations, weight loss diary and programme formulated.*

**PLEASE CONTACT THE PRACTICE TO BOOK AN APPOINTMENT TODAY!**

Telephone: 01270 439 289 Email: [info@eden-vets.co.uk](mailto:info@eden-vets.co.uk)

[www.eden-vets.co.uk](http://www.eden-vets.co.uk)

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